

Playsheet for Awakening Together Movie Watchers Group

January 28, 2024

Mr. Nobody, 2009 science fiction drama that explores the search for what we really are: the search for Love/Self and expressing Love's natural happiness

If you feel drawn to use this playsheet, we hope you enjoy whatever questions you may be drawn to contemplate.

1. In watching *Mr. Nobody with Inner Wisdom*, what spoke to you as you watched and/or contemplated after seeing the film?
2. What spoke to you as you witnessed each of the choices & subsequent unfolding trajectories when he chose:
 - to stay with his father?
 - to go with his mother?
3. Sometimes choices are seemingly made by others, and they appear to have a deep impact not only themselves but on others. For example, Nemo's parents separating and offering him the impossible choice. Yet, in the wholeness all choices are neutral, and each leads to opportunities to experience beliefs and associated feelings that the soul has taken a body to explore, before letting go of them. Notably, the *desire* for experiencing beliefs and feelings are sometimes hidden, even deeply hidden, from ourselves in order to remain in the egoic experience (i.e., the dream/illusion/separation game), and we can think/believe life is happening to us rather than through us in response to a desire/wish. What comes up as you contemplate this using the film?

4. There is a term *Zugzwang* pronounced ['tsu:ktsvaŋ] used in chess. It comes from German and means 'a compulsion to move.' This is a situation, also found in other turn-based games, wherein one player is put at a disadvantage because of their obligation to make a move; a player is said to be "in zugzwang" when any legal move will worsen their position. Just like the biblical story of the prodigal son, the only way out is the way back (returning) to your Source. Sisyphus walking away from pushing the boulder up the hill is another symbol. *Going back/returning* is one of the themes of the movie. Share a symbol of this from the film and/or share what arises as you contemplate this?

5. Share an example in the film where you saw that Love is the deep longing within us for recognizing Love's purity (which is resting quietly behind everything). And, once discovered as our True Self, we express/extend this Love in earthly life. (Note: for ACIM students, one way it's described as *the forgotten song*.)

6. Share an example from the film that even a happy, earthly life is temporary, whether using a human body or another kind of form, and comes to an end. (Gently notice within that ego may interpret/see/call the seeming "end," a "tragedy." Yet, our True Light knows it as a returning... the "Taking off of a tight shoe," (Emanuelle), or, poetically, as "Death is not extinguishing the Light, it is only putting out the lamp because the dawn has come." (Tagore)

7. Where in the film do you notice that the movie makes it clear that happiness is not in form? Where is the True Source of Happiness?

Thanks for sharing this experience with us.

"Let your life lightly dance on the edges of time,
like dew on the tip of a leaf." Tagore